

# Medical IDs Save Lives

In an emergency, a personalized medical ID bracelet or necklace can communicate lifesaving information to medical personnel and help ensure the proper treatment is administered.

Although bleeding disorders share similar symptoms and complications, each person's treatment plan is unique, often involving detailed instructions for a positive recovery.



The Nebraska Chapter of the National Hemophilia Foundation recommends that people with bleeding disorders wear a medical ID for the following reasons:



First responders are trained to look for medical IDs during an emergency.



If you're unable to speak for yourself, medical identification can provide medical professionals with crucial information to avoid misdiagnosis and to administer proper care.

## What to engrave on a medical ID for your bleeding disorder?

- Your name
- Medical conditions
- Food and/or drug allergies
- Current medications: *include clotting factor concentrates and/or synthetic hormone*
- Emergency contacts

